



**JOHN CHUNG
TAE KWON DO INSTITUTE**

11704 Bowman Green Drive, Reston, VA 20190

Phone: 703.709.5425

1.800.SIDE.KICK

E-mail: JohnChungTKD@gmail.com

Like us @ www.facebook.com/JohnChungTaeKwonDo

JANUARY 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 TKD HagWon Camp 9:30am—4:30pm New Class Schedule	3	4	5 Last Day to register for Exam	6 John Chung Seminar Karate World, NJ	7
8	9	10	11	12 No Regular Classes Thursday, Friday & Saturday	13 World Cup Finals	14 Student Banquet
15	16 TKD HagWon Camp 9:30am—4:30pm No regular classes	17	18	19	20 Team SIDEKICK Practice 6:30 pm—8:30 pm	21
22	23 Exams 4:15 pm 6th Kup < 6:30 pm 5th Kup >	24	25 Sickels Seminar 6:30 pm—8:00 pm	26	27	28
29 Long Island MA Open New Hyde Park, NY	30	31	When Fairfax County Schools Close or release early due to inclement weather, we are closed. Safety First!			

**Exercise More
Stress Less**

LEARN SOMETHING, GET A GOOD WORKOUT, HAVE FUN